

Evidence of PE and Sport Premium.

1. Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities.

The implementation of the GetSet4PE curriculum scheme has significantly contributed to increasing both the confidence and subject knowledge of staff within the school. By providing a clear, structured, and easy-to-follow framework, GetSet4PE supports teachers in delivering high-quality physical education lessons, regardless of their prior experience or expertise in the subject. The scheme offers detailed lesson plans, instructional videos, and assessment guidance, which have empowered staff to feel more prepared and capable when leading PE sessions. Additionally, the professional development resources and consistent progression across year groups ensure a cohesive approach to PE, fostering greater teacher confidence and improving pupil outcomes.

Staff confidence and subject knowledge in delivering high-quality PE lessons have been greatly enhanced through regular opportunities to observe a NU Foundation coach in action. These observations have provided valuable professional development, allowing staff to see effective teaching strategies, behaviour management techniques, and sport-specific skills delivered by a specialist. By watching the coach model best practice and then discussing approaches afterwards, staff have gained practical ideas and a deeper understanding of how to structure and adapt PE lessons for all learners. This hands-on, collaborative approach has helped build staff confidence and equipped them with the tools to deliver more engaging and effective physical education sessions.

2. Increasing engagement of all pupils in regular physical activity and sporting activities.

This has been a huge focus for the staff around Burnside throughout the year. There have been many activities and challenges facilitated to encourage at least 30 minutes of activity throughout the school day. Events such as Y3 Hoopstarz and Y5 Skipping were a huge success and encouraged children across all year groups to participate. The year 5's held their winner's status and came 1st and 2nd in all of the competitions. As a result of the training that the Year 6's received to become sports leaders, they were able to lead activities over the lunchtime period. The use of Moki bands (an activity/fitness tracker) allowed the school to recognise the target audience of children that were not achieving 30 minutes of physical activity in order to help them improve.

3. Raising the profile of PE and sport across the school, to support whole school improvement.

Burnside held a walk/scoot/cycle to school fortnight in the hopes to improve the numbers of children that come to school via an active mode of transport. This was a success and the overall number of children that came to school via active travel increased over the two weeks. This is something that was able to be sustained after, with many families still choosing to walk/scoot/cycle to work when they can. Throughout the year we have had the use of Moki bands, these are wearable fitness trackers. Whilst using this equipment, we have created a number of intra/inter school competitions. This has shown the huge dedication that our children are able to commit throughout the school day. On some days, our children recorded participating in 51 minutes of moderate-to-vigorous physical activity per day! We have also been fortunate enough to take part in a 'Drumba' session, the response from both

the children and staff was hugely positive, this is something that everyone was able to participate in and they all thoroughly enjoyed!

4. Offer a broader and more equal experience of a range of sports and physical activities to all pupils.

Over the course of the year there have been many opportunities to broaden the experiences of children across the school. Many of these experiences were achieved through year group festivals such as the Hoopstarz and the Skip4fit festival. This is something that influenced the rest of the school to follow suit. It encouraged additional active breaks and allowed every child to engage. The year 6's also encouraged the children to participate in a range of disciplines and activities through their implementation of the KS1 multiskills festival.

5. Increasing participation in competitive sport

Over the course of the year, Burnside has participated in many different competitions and festivals. In each one, they gave it their all and made us all extremely proud. It began with the Multiskills festival where our year 4's got through to the county final. They all showed a great team spirit and incredible resilience and determination. Then there was a develop/belong golf festival where a group of children were invited to participate in a competition where the focus was solely on giving it a go. Again, our children tried their absolute best and were willing to give it a go. Regardless of the outcome, the children were able to develop their teamwork and showed super sportsmanship. Following this, some of the girls from Y5/Y6 and boys from Y4 went to a football tournament. They all showed great determination and resilience. They were all extremely respectful and showed great sportsmanship throughout. We are all extremely proud of their efforts.